

**Adult New Client Form**

Client's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Describe the problem(s) that brought you here today: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Please circle any of the following problems that you feel may be troubling you:

- |                               |                             |                                |
|-------------------------------|-----------------------------|--------------------------------|
| Panic attacks/intense anxiety | guilt feelings              | relationship issues            |
| Nervousness                   | parenting issues            | separation/divorce             |
| Shyness                       | irritability                | marital problems               |
| Feeling sad                   | quick temper                | sexual concerns                |
| Loss of appetite              | health problems             | unsatisfactory job/loss of job |
| Appetite changes              | racing thoughts             | drug/alcohol use               |
| Sleep problems                | difficulty concentrating    | flashbacks                     |
| Suicidal thoughts             | difficulty making decisions | nightmares                     |

yes  no Have you ever received mental health treatment? Please list dates of treatment, provider, and reason for treatment: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Primary Care Doctor: \_\_\_\_\_

Do you have any medical problems? Please list any CURRENT health concerns:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Current Prescription Medications:  None

Medication	Dosage	Date First Prescribed	Prescribed By

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date